

Schedule a visit with Allyson Fisher, author of

BAGEL FINDS HIS CENTER



Allyson Fisher is a pediatric nutritionist with a master's degree in food science and clinical nutrition from NYU. She started writing for fun—now words and rhymes love to dance around in her mind. She lives in Brooklyn, New York, and enjoys escaping to her happy place out east with her family and their quirky Westie puppy, Maisie. Whole grain bagels are her favorite.



Bagel Finds His Center

Author: Allyson Fisher

Illustrator: Jan Schmidt

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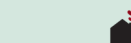
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BRYANT HOUSE
BOOKS

**In a world of comparison, being YOU
is the YUMMIEST thing of all.**

In this playful yet poignant tale, Bagel arrives in the window display of the Corner Cafe and meets new friends Birthday Cake, Cinnamon Bun, and Cookie. There's just one problem: while everyone else is decorated with frosting, swirls, or sprinkles, Bagel feels...*bare*. Worse yet, he believes something important is missing—his center!

Determined to find it, Bagel and his friends search high and low, but their efforts leave him feeling more discouraged than ever. It's only when his friends help him recognize all the wonderful things that make him who he is that Bagel discovers his center has been with him all along.

A timeless story that celebrates individuality, self-worth, and the beauty of embracing what makes each person unique.

About the visit:

- 45-60 minutes
- Classroom, library, or assembly
- Storytelling, Q&A
- Hands-on activity
- Autographing



About the Illustrator



Jan Schmidt lived, worked, and raised a family in Brooklyn for over three decades, contributing to many imaginative projects including exhibits for the Chattanooga and Brooklyn Children's museums and a mural for NYU Hospital's therapy garden. Now based in Connecticut, Jan works from a butter-yellow farmhouse with her husband and dog, Pippy. Pumpernickel bagels are her favorite.